Guidestar

SUPPORT & SUPERVISION

Guidestar offers high quality support and supervision services for psychologists as well as disability and mental health professionals.

We have Board-Approved AHPRA psychology supervisors, with years of experience in the mental health system across public and private practice, who can provide supervision to meet a range of professional needs.

We also offer support, supervision and practice coaching for individuals and groups that support people who are challenged with complex mental health and disability issues.

Clinical Supervision

Professional Supervision is the process of consulting with another professional with the same or similar qualification as your own, in order to reflect on and receive guidance and support for your work. Supervision is an important strategy for clinical effectiveness and enhances self-care, prevents burnout and provides continuing professional development.

Guidestar provides professional supervision for Psychologists, Specialist Support Coordinators, Disability Professionals and Mental Health Professionals. We also have Advanced Practitioners that can support individuals to work through the requirements of the NDIS Positive Behaviour Support Capability Framework.

Guidestar has Psychology Board Approved Supervisors with experience:

- Providing direct clinical services to a diversity of clients in government, non-government and private practice organisations
- Providing professional supervision to human services personnel and allied health professionals employed in a wide range of work settings
- Team leadership and management of multidisciplinary teams
- Service development and evaluation
- Executive coaching for managers and team leaders
- Supervision for Community Psychology registrars

Organisational Support

Guidestar provides support and consultation services to community, health and human services organisations.

Practice Leadership

Practice leadership or Practice Coaching ensures high quality person-centred supports that improve quality of life. We work alongside staff teams and individuals to provide mentoring, training and support in implementing practice standards to improve client care. This involves:

- Developing a safe space for reflective practice
- Developing self-awareness, self-regulation, self-management, professionalism and self-development
- Team building
- Ensuring client and staff safety
- Identifying opportunities for change, applying knowledge and evidence and evaluating impact and outcomes

Practice leaders can act as a key cultural change agent within services, maintaining cultural values and turning theory into practice to support staff to consistently implement what they have learned.

Organisation Consulting & Service Development

Guidestar work with organisations who are managing complex environments and sector reform and provide strategic and business planning, tender development, policy development, risk management and change management.

About Guidestar:

Guidestar is an award-winning organisation, rainbow tick accredited and a B-Corporation, providing dynamic and creative ways for children, young people, adults and families to make positive change and achieve fulfilling lives. We have a psychology clinic, deliver dynamic learning and development solutions and offer NDIS services for people with a range of support needs.

CONTACT:

QUARTERMASTERS BUILDING, 19 PENTRIDGE BLVD, COBURG VIC 3058

03 9994 3345 info@guidestar.au www.guidestar.au